



Journey through the heart of Dolomites

cycling

D
O
L
O
M
I
T
I
L
E
S

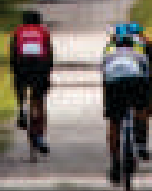




The Dolomites

feature an incredible variety of diverse landscapes – from lush valleys to towering peaks – that offer breathtaking panoramas at every turn. These beautiful mountains offer endless opportunities for exploration.

Notable for their composition of pale coloured dolomite – a limestone like rock formed beneath deep, ancient seas – sitting atop darker volcanic bedding. There is a breathtaking mixture of soaring peaks, and elegant spires, paired this with the intricacies of deep valleys, amazing flora and fauna





DAY 1

**I
N
S
B
R
U
C
K**

WELCOME to yet another Unique Cycling Journey...

*Cycling through one of the
world's most scenic regions*

– the Dolomite Mountains

- Crown jewel of the Alps.

DAY 1: Innsbruck

There is an introductory presentation and the bikes will be distributed. Innsbruck is the capital of the Tirol region and a place embraced by the snowcapped peaks of the Alps. our bike tour will be highlighted with quaint old villages, old aristocratic houses and castles, fortress ruins, lakes and famous churches.





DAY 2

**M
E
R
A
N
O**



DAY 2: Merano

Cycle through cozy town of Merano which offers exquisite views of the surrounding mountains and valleys and allows for several excursions, including one on the famous Trappeinerweg. The numerous vineyards and orchards in the Adige Valley will make for some wonderful stops.





DAY3

**B
O
L
Z
A
N
O**



DAY 3: Bolzano

Bolzano is a fantastic town hidden away in the mountainous region of South Tyrol in the Italian Alps.

Bolzano has a fantastic alpine location and is surrounded by some truly magnificent mountain scenery. The city has an extensive history and due to this fact, it has a range of stunning churches and ancient castles. Furthermore, the countryside lends itself to those who love to walk, climb and cycle – the whole region is covered with various trails and nature walks.

Here we stay at Dolomites Spa Resort Surrounded by fields and forests and also a part of the Dolomites, a UNESCO world heritage site. It is one of the original spa hotels of South Tyrol, featuring its own sulphur spring and holistic health programmes.





DAY 4

**L
I
E
N
Z**



DAY 4: Lienz

Lienz, known as the “Pearl of the Dolomites” is an Austrian city capital of East and is located at the foot of the Dolomites. The Dolomites rise like an amphitheatre around Lienz. Famous for long hours of sunshine, the revitalized downtown of Lienz is full of coloured townhouses and colourful floral displays. Graceful historic buildings line the streets, including Liebburg Castle on Lienz Main Square, Antonius Chapel, the Franciscan Monastery and the former hospital with St. Joseph's Church.





DAY 5

C
O
R
T
I
N
A

d'Ampezzo



55 kms

DAY 5: Cortina d'Ampezzo

A sunset and sunrise the Dolomites are set ablaze by the rays of the sun in a spectacle of colours ranging from pink to fiery red. This is the effect of the famous Enrosadira, or Alpenglow.

Cortina d'Ampezzo is the perfect place to wander and discover this uniquely beautiful world of immense vertical walls, spires and pinnacles, green valleys, high mountain pastures, forests, streams, alpine lakes, canyons and waterfalls.

Stay in the heart of the Dolomites, in the 5 star historical luxury hotel, a Luxury Collection Resort & Spa which has accommodated the most famous personalities of the 20th century. The Hotel offers an unforgettable stay, in a luxury and glamour context.





DAY 6

**B
R
U
N
I
C
C
O**



45 kms

Brunico-Bruneck

Brunico-Bruneck, is the beating heart of the Pustertal Valley and a vibrant town with vibrant people. In 2009 it was named the best small town in Italy to live in. The Kronplatz mountain dominates the city gives it a beautiful scenic backdrop.





DAY7

**C
H
E
C
K

O
U
T**



Join Us

DAY 7 : Check Out

Tour in Italy will end with departure from Bressanone post breakfast.



For an Unforgettable Experience



**KIRAN GORADIA
ADVENTURES**

1201-D, Ashok Gardens, T. J. Road, Sewree, Mumbai 400015 India.
KIRAN : +91 9820026633, UDAY : +91 9930401078, FALGUNI : +91 9819027658
Email: kirangoradiaadventures@gmail.com, www.kirangoradiaadventures.com